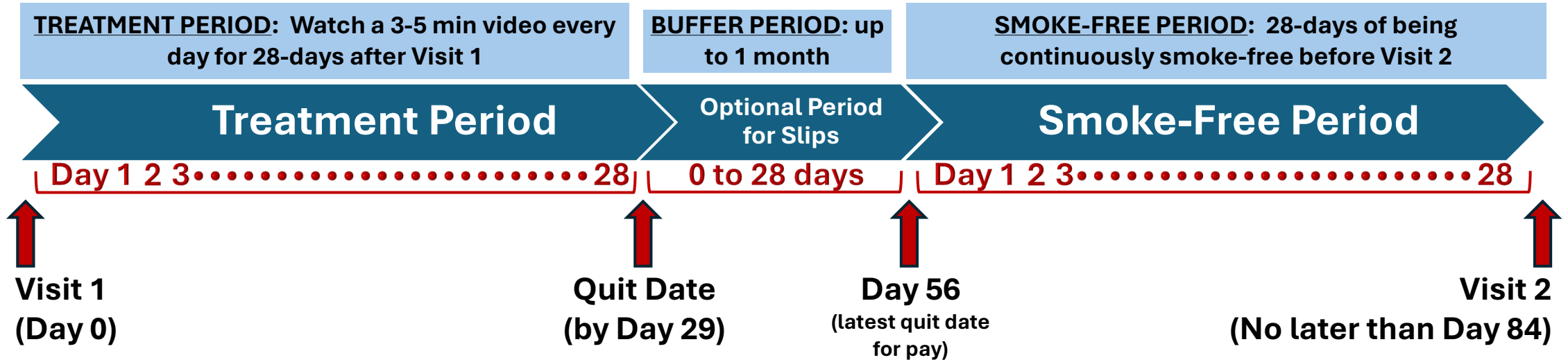


Study Timeline



What to do between Visit 1 and Visit 2:

- Complete 2-3 minutes morning and evening assessments using Insight app (when: every day)
- Complete breathalyzer test every evening using iCOquit app (when: every evening)
- Watch 3-5 minute treatment video (when: every day for first 28 days)
- If needed, use provided nicotine patches and gum (NRT) to help you quit (when: start quit day)

- Schedule Visit 2 (when: 2-3 months after Visit 1). Everyone is eligible for Visit 2, regardless of being smoke-free.



Apple



Android

